

EMOTIONAL INTELLIGENCE MASTERY – PROGRAM SYNOPSIS (3 Months) **Emotional Intelligence Development For Professional Success**

The inspiration for *The Emotional Leader Program (ELPro)* is to provide tips, tools, strategies, and resources that target emotional skills development for positive, measurable, long-term behavioural change. *ELPro* is structured on the *EASEQuadrant*, an evidenced-based best practices model of emotional leadership developed by Dr. Gosling, drawn from scientifically researched emotional intelligence (EI) constructs and cognitive-behavioural insights. Specifically, the coaching program covers: understanding emotional style, increasing emotional knowledge for use in problem solving and decision-making, improving mood and job performance, developing self-management, and communicating effectively for increased relationship satisfaction.

OUTLINE OF THE PROGRAM

The **Emotional Intelligence Mastery** program comprises 20 hours of face-to-face, telephone or web conference (Skype) personal consultations with Dr Gosling. Participants will complete three emotional intelligence assessments prior to the commencement of the program and receive FeedForward written personal development reports:

1. **Emotional Intelligence Measurement:** Client completes the MSCEIT™ emotional intelligence performance test. The coach provides a comprehensive written report summarizing the assessment findings and outlining development opportunities.
2. **Keynote Seminar:** Client watches a 1-hour streaming video introduction to the coaching program, emotional intelligence constructs, and how emotion can influence intelligence to develop emotional intelligence practice.
3. **Client Assessment Interview (2 Hours)** A post-assessment interview with Dr. Gosling.
4. **Client Feedback & Planning Session (2 Hours)** with Dr. Gosling.
5. **Personal Coaching (4 Hours)** In addition to the keynote seminar and client assessment interview, personal coaching is conducted in 4 x 2 hour sessions each fortnight over 8 modules to develop **emotional leader habits**.
6. **FeedForward:** 15 Minute Complimentary Skype or phone calls for Q&A plus limited emails between sessions (Fair use applies).
7. **Facebook Group:** Access to our Emotional Leader FB group to ask your questions.
8. **Post-Program Feedback Session (1 Hour):** A review and evaluation of the program and further action steps. This reinforcement session is the final part of **Emotional Intelligence Mastery** and will help the client identify areas in which he or she may have improved or not improved in emotional intelligence and why.

NOTE: At the end of the coaching program the coaching client is required to critically evaluate your coach's capacity to facilitate the key learning objectives for each module.

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SIGN UP FOR EMOTIONAL INTELLIGENCE MASTERY

Contact Dr. Mike Gosling. Telephone: +61 (0)412 069 460 Email: mike@goslings.net
Gosling International, 13 Valerie Street, Ashmore, Queensland, 4214 Australia.

LOCATION: SOUTH EAST QUEENSLAND - AUSTRALIA

All coaching is conducted via teleconference (Skype), telephone, and email.

LOCATION: INTERSTATE & INTERNATIONAL

For program charges for personal face-to-face attendance, including interstate and international travel outside of South East Queensland, please contact Gosling International.

REGISTRATION AND REFUND POLICY

Your total investment for your **Emotional Intelligence Mastery** program is AUD\$4,997 – all of which is due now and payable in advance of the commencement of your program. Please contact Gosling International to receive your "Agreement to Accept Emotional Intelligence Mastery charges" and "Corporate" or "Individual" payment form.

You understand that you will receive:

- MSCEIT™ Emotional Intelligence personal development report plus written FeedForward from Dr. Gosling on strengths and opportunities for development.
- Access to *Emotional Intelligence Mastery* online content at RelationshipsMe.com
- Access to the Emotional Leader Facebook Group.
- *The Emotional Leader Playbook* by Dr. Gosling
- 20 Hours of web conference (Skype) or telephone personal consultations with Dr Gosling and discussion of future options.
- **Extra Value:** Access to *Relationship Class* content at RelationshipsMe.com for other grounding and course study material on building relationships at work and at home.

Enrol today and begin the program. Complete the MSCEIT™ online emotional intelligence test. Learn what your emotional landscape is like, attend to mood, strengthen knowledge, enhance your relations, and develop and practise your eight key *emotional leadership habits*.

REFUND POLICY

For up to 30 days from commencement of the program, if you're not completely satisfied with the training Gosling International will refund your program fee, less a penalty of AUD\$997 with no questions asked and no further obligations or commitments on your part. These penalties are necessary to cover the resources that are invested in administration and pre-work along with the emotional intelligence test that are conducted on your behalf when you register for the program.

You may keep personal development reports and any grounding/course study materials you may have downloaded. Just return *The Emotional Leader Playbook* and we'll send you a refund of the program fee paid less a penalty of \$997 and we'll cancel your program and RelationshipsMe.com online membership.